

# Mashed Winter Squash

**Makes:** 4 Servings

It's easy to prepare vegetables with this mashed winter squash recipe. This dish makes a great side for meat, poultry, or fish.

## Ingredients

**4 cups** winter squash (peeled, seeds removed, cut into small pieces)

**2 tablespoons** margarine

**3 teaspoons** brown or regular sugar

**1/2 teaspoon** salt

**1/4 cup** orange juice

## Directions

1. Wash and bake or boil squash until soft. Mash with a fork.
2. Mix in margarine, sugar, and salt. Add the orange juice, a tablespoon at a time, until squash is the thickness you like.

**Source:** Recipe adapted from Clemson Extension Home and Garden Center.