

Quick Tuna Casserole (FDD)

Makes: 6 Servings

Use ready-to-eat Cream of Mushroom soup to make this old favorite. We used reduced sodium soup.

Ingredients

4 cups water

5 ounces egg noodles

10 ounces cream of mushroom soup

1/3 cup skim milk

1 can tuna

1 cup green peas (frozen)

1 cup breadcrumbs

Directions

1. Preheat oven to 350 degrees.
2. Bring 1 quart of water to a boil in a large pot and cook the egg noodles in the water for 2 minutes.
3. Then, cover the pot, remove from heat and let stand for 10 minutes.
4. In the meantime, mix the soup and milk together in a bowl.
5. Combine tuna and peas with the mixture and pour into a 1-quart casserole dish.
6. Drain the noodles well and combine with the tuna mixture.
7. Sprinkle the top with bread crumbs.
8. Bake for 30 minutes.

Source: Recipe adapted from Snap Ed Recipe Finder