Summer Pita Sandwich

Makes: 64 Servings

	64 Servings	
Ingredients	Weight	Measure
Watermelon, seeded, wedged		4 gal
Chicken, skinless, cooked, diced		2 gal
Cilantro		2 cup
Yogurt, plain		1 qt
Garlic salt		2 Tbsp 2 tsp
Cayenne pepper		2 Tbsp 2 tsp
Pita bread rounds, whole, 6 1/2 in, halved	64 each	

Nutrition Information

Nutrients	Amount
Calories	**398**
Total Fat	7 g
Saturated Fat	2 g
Cholesterol	61 mg
Sodium	772 mg
Total Carbohydrate	49 g
Dietary Fiber	3 g
Total Sugars	N/A
Added Sugars included	N/A
Protein	**33 g**
Vitamin D	N/A
Calcium	173 mg
Iron	3 mg
Potassium	N/A

N/A - data is not available

	Herb cheese spread, prepared	2 qt
Lettuce leaves, large	128 each	

Directions

1. Place sliced watermelon on paper towels to remove excess liquid.
2. Mix chicken, cilantro, yogurt, garlic salt and cayenne pepper.
3. Spread inside surfaces of pita bread halves with herbed cheese. Fill each pita half with 1/4 cup chicken mixture. Arrange watermelon and lettuce in pita bread.

Source: National Watermelon Promotion Board