

Ginger Bread Mix

Makes: 10 servings

Make this mix ahead of time and use it as a base for the [Ginger Orange Muffins](#) recipe.

Ingredients

8 cups flour (white)

1 1/2 cups sugar

1 tablespoon baking soda

3 tablespoons ginger

3 tablespoons cinnamon

1 teaspoon cloves

1 teaspoon salt

Directions

1. Combine all ingredients in a large bowl. Mix well.
2. Store mix in a covered jar until ready to use.

Notes

Use this mix in the following recipes:

- [Ginger Orange Muffins](#)

Source: Oregon State University Cooperative Extension Service, Pictorial Recipes Lynn Myers Steele, 2000 Oregon Family Nutrition Program

Nutrition Information

Nutrients	Amount
Calories	490
Total Fat	1 g
Saturated Fat	0 g
Cholesterol	0 mg
Sodium	610 mg
Total Carbohydrate	110 g
Dietary Fiber	4 g
Total Sugars	31 g
Added Sugars included	N/A
Protein	11 g
Vitamin D	N/A
Calcium	N/A
Iron	N/A
Potassium	N/A

N/A - data is not available